

# JULY 4<sup>TH</sup> PARADE SHOOTING AFTERMATH: FREE OUTDOOR CONVERSATION AND SUPPORT GROUPS

## Healing from the Psychic Impact and Short- and Long-Term Effects of Community Trauma

Opening Our Hearts, Sharing Our Stories, Rebuilding our Spirits

Grappling with the Mass Shooting at the Highland Park July 4<sup>th</sup> Parade Shooting Amid Horrific Ongoing Gun Violence in Chicago, Waukegan, North Chicago – and Elsewhere

You are not alone  
We are a community  
We have solidarity

No estás solo/a  
Somos una comunidad  
Somos solidarios/as

*Translation provided for Spanish-speaking community members*



<b>WHEN</b>	<b>Saturday August 20</b>	<b>11:00 – 12:30</b>
	<b>Saturday August 27</b>	<b>11:00 – 12:30</b>
	<b>Saturday September 3</b>	<b>11:00 – 12:30</b>
	<b>Saturday September 10</b>	<b>2:00 – 3:30</b>
	<b>Saturday September 17</b>	<b>2:00 – 3:30</b>
	<b>Saturday September 24</b>	<b>2:00 – 3:30</b>

*Weather permitting*

**WHERE** Memorial Park (gazebo)  
Laurel, Linden, and Prospect Avenues  
*One block east of the Highland Park Library*

### FACILITATORS

Marcia Nickow, PsyD, CADC	Shelley Firestone, MD
Stanley Selinger, PhD	Alma Jarrell, MEd
Sheila Mendoza, MSW	Ross Nickow, MA
Kim Dennis, MD	Joe Whitlock, CADC

As trained group leaders with roots in the community, we offer a welcoming and open space for discussion, connection, and solidarity.

**Please bring a chair, if possible**

**Questions? Call: 847-274-5900**