



SCH Welcomes Harry Kraemer

SunCloud Health Speaker Series

The Sky Is the Limit



- Where we know that our patients want more health, not more treatment
- Providing individualized, sophisticated and integrated treatment for humans with complex co-occurring eating disorders, substance use disorders, mood disorders and related trauma.



Principles of Value-Based Health Care Delivery

- Value is created in caring for a patient's **medical condition** over the full cycle of care
 - not by a hospital, a site, a specialty, an episode, or an intervention

$$\text{Value} = \frac{\text{Health outcomes that matter to patients}}{\text{Costs of delivering the outcomes}}$$

- Outcomes are the **full set of health results that matter** for the patient's condition
- Costs are the **total costs of care** for the patient's condition over the care cycle



- The most powerful single lever for reducing cost is **improving outcomes**

Harry Kraemer's 4 Principles of Values Based Leadership:

1. *Self Reflection*: The ability to reflect and identify what you stand for, what your values are, and what matters most.
2. *Balance and Perspective*: The ability to see situations from multiple perspectives, including offering viewpoints, to gain a holistic understanding.
3. *True Self Confidence*: The ability to accept yourself as you are, recognizing your strengths and your weaknesses, and focusing on continuous improvement.
4. *Genuine Humility*: The ability to never forget who you are, to appreciate the value of each person and to treat everyone respectfully.

The 12 Principles of 12 Step Recovery

- | | |
|---------------------------|--------------------------------------|
| 1. <i>Honesty</i> : | 7. <i>Humility</i> : |
| 2. <i>Hope</i> : | 8. <i>Discipline and Action</i> : |
| 3. <i>Faith</i> : | 9. <i>Forgiveness</i> : |
| 4. <i>Courage</i> : | 10. <i>Acceptance</i> : |
| 5. <i>Integrity</i> : If. | 11. <i>Knowledge and Awareness</i> : |
| 6. <i>Willingness</i> : | 12. <i>Service and Gratitude</i> : |

Figure 2

Social Determinants of Health

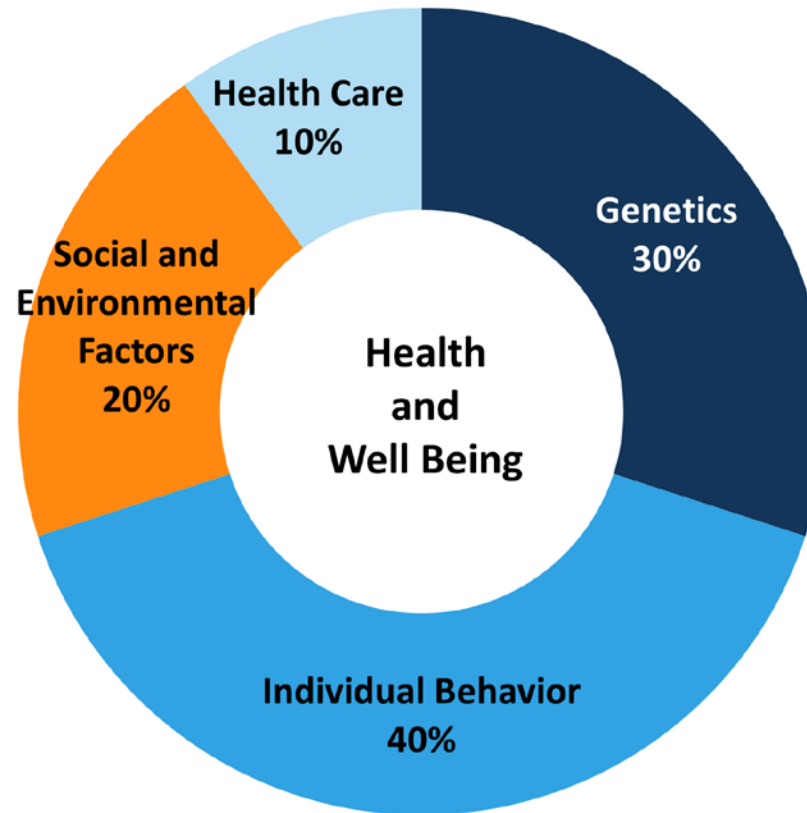
Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment	Housing	Literacy	Hunger	Social integration	Health coverage
Income	Transportation	Language	Access to healthy options	Support systems	Provider availability
Expenses	Safety	Early childhood education		Community engagement	Provider linguistic and cultural competency
Debt	Parks	Vocational training		Discrimination	Quality of care
Medical bills	Playgrounds	Higher education			
Support	Walkability				

Health Outcomes
 Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations



Figure 1

Impact of Different Factors on Risk of Premature Death



SOURCE: Schroeder, SA. (2007). We Can Do Better — Improving the Health of the American People. *NEJM*. 357:1221-8.





SCH Welcomes Harry Kraemer

SunCloud Health Speaker Series

The Sky Is the Limit